

Hildegard of Bingen and the Greening Power of God

By Lynette McGowan, guest speaker
April 26, 2015

I seek the sources of refreshment,
sustenance and healing
that my spirit, like my body,
is constantly in need of.

I am made whole again
--my self is given back to me--
in solitude and *silence*.
Anthony deMello

'With my mouth,' God says, 'I kiss my own chosen creation. I uniquely, lovingly, embrace every image I have made out of the earth's clay. With a fiery spirit I transform it into a body to serve all the world.' *Hildegard*

God hugs you.
You are encircled by the arms
of the mystery of God. *Hildegard*

The Word is living, being, spirit, all verdant greening, all creativity. This Word manifests itself in every creature.
Hildegard

*As you look out onto the **greenness/viriditas** (life, growth, flourishing) of the world, what do you see about the state of your soul?*

*As you look out onto the **aridity/ariditas** (dryness, pollution, injustice, death) evident in the world, what do you see about the state of your soul?*

. . . I am likewise the fiery life of the substance of divinity. I flame over the beauty of the fields and sparkle in the waters, and I burn in sun, moon, and stars. And with an airy wind that sustains all things with invisible life, I raise them up vitally. For air lives in greenness and flowers . . . *Hildegard*

I get peace and *healing*
from my roots in nature.

I recall what happens when I am in harmony
with earth and sky,
with mountains, rivers and oceans,
and nature's many moods
and nature's seasons.
Anthony deMello